

SQ3R System for Reading and Studying

S=Survey



- Put “Bookmarks” on: Glossary, Index, Table of Context, current chapter, etc.
 - “Bookmarks” can be paper clips, sticky tabs, etc.
 - Bookmarks can be colour coded; **blue** for index, **green** for glossary, **pink** for review pages
- Survey:
 - how the text is organized:
 - general content
 - headings – **Highlight them in blue**
 - subheadings – **Highlight them in blue**
 - side-bars
 - maps, diagrams, charts

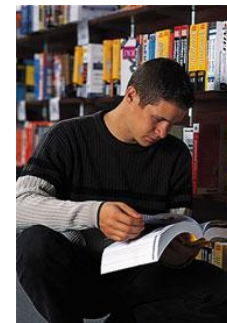
Q=Question

- What do you want to learn from this reading? What does your Professor want you to learn!?
- Ask **5W+1H** questions about headings, sub-headings; **Who? What? When? Where? Why? How?**
- Look for study questions in your textbook. **Highlight the questions in pink.**
- Read the study questions throughout the reading and at the end of the chapter. **Highlight them in pink.**
- Write questions in your notebook, or on coloured **(pink!)** cue cards or type them in a questions file. Be sure to record the page number of where your answer can be found.



R=#1Read

- Read material in **small parts**. When you finish one part go to **#2: Record**.
- Look for the answers to your questions as you read.
- Use a dictionary, the glossary or a program such as [WordWeb](#) for words not understood.
- If you are using Alternative Text Use “Find” to locate specific information.



R=#2 Record

- Highlight key words or phrases:

Headers, sub headers in blue

Important details in yellow

Definitions in green

Questions in pink



- Record what you have learned:
 - in a notebook
 - on sticky notes or cue cards
 - type them in a study file
 - make voice comments or use a digital recorder
 - use the [Cue Card](#) program

If you are using study skills software you can “Extract” your Highlighting.



R=#3 Review

When you have read the whole assignment: Review your notes, listen to your comments.

- Try to recall the main points of headers and sub-headers
- Answer the 5W+1H questions and the study questions
- Haven't found the information you want? If you are using alternative text use “Find” (Ctrl+F) to locate specific words or phrases.
- Use your notes, sticky notes, cue cards, recordings or files as study tools

